



On June 28, 2009 Future Impact Martial Arts (FIMA) students volunteered their time to demonstrate Capoeira (a physical art originated in Brazil by African slaves, a mystical mixture of martial arts and dance set to vocal chants and slow- to midtempo percussion accompaniment) to families at the Great Outdoor Pursuit event sponsored by UnitedHealthcare at Goddard Park. The Outdoor pursuit was an initiative to reconnect children and their families with NATURE and to ENCOURAGE physical activity.

The FIMA students beautifully sang Brazilian songs while 2 combatants at a time demonstrated the art of dance and self defense without hurting or even touching each other. The crowd were intrigued by the performances and clapped and shouted as a leg slices through the air, while a body ducks to dodge it in a very stylistic maneuver. Students stood on their heads, flew in circles and did kicks and flips. Following the demonstrations, students interacted with the crowd and taught them a few moves. UnitedHealthcare was very excited to have FIMA participate in the Great Outdoor Pursuit event. The performances were tasteful & classy!

